



# FAMILY MEETING JUDY CHECKLIST



## CONVERSATION STARTERS

### BEGIN WITH THE BASICS:

- ? Do you know what being in an "emergency situation" means?
- ? Do you know what a "natural disaster" is?
- ? Do you know what "being prepared" means?



**PREP  
101**

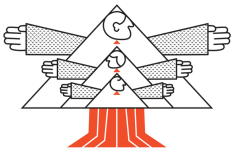
### ABOUT EMERGENCIES:

- ? What types of emergencies could happen inside of our home?
- ? What types of emergencies could happen in our community?
- ? What types of emergencies could happen because of the weather? Or the environment?
- ? How would we get alerted to the danger? Our phone? The news?
- ? Are there any emergencies that we'd need to stay inside for in order to keep safe?
- ? Are there any emergencies that we'd need to leave our home or town for in order to keep safe?

### ALREADY KNOWN:

- ? Can you remember a time when you may have heard about an emergency? On the news? Or at school?
- ? Can you think of a way you may have already learned how to stay safe during one kind of emergency at school? Like a fire?
- ? Have you ever heard your friends talk about a type of emergency?
- ? What do YOU know about emergencies?

**KEEP IT SIMPLE.  
START WITH YOU.**



## "IF WE EVER GOT SEPARATED..."

### TRUSTED HELPERS:

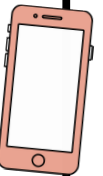
- ? Who in our community would alert us to danger? The firefighters? The police?
- ? Who is someone safe in our neighborhood that you can go to in case there is an emergency?
- ? Who would you feel comfortable asking for help if you were at school?
- ? Who would you go to for help if you were at a friend's home?
- ? Would you be comfortable asking our neighbors for help if I wasn't home?
- ? If you were home with a babysitter, would you be able to show them where we keep our emergency contact sheet?
- ? If I was hurt, who could you call in order to get me help?



**1 CONVERSATION  
CAN SAVE A LIFE.**

### FAMILY FACTS:

- ? Do you know our home address?
- ? Do you know our home phone number?
- ? Do you have our cell phone numbers written down?
- ? Do you remember what our first and last names are? ← **BESIDES "MOM" OR "DAD"**
- ? Do you know if you have any allergies to foods or medicine?
- ? Do you remember where in our home we keep our JUDY kit?



### THE 4-1-1 ON 9-1-1:

- ? Can you think of a type of emergency that we'd need to call 9-1-1 for help, versus a type we could solve by ourselves?
- ? If you call 9-1-1, someone will answer the phone. Can you think of some information that would be most important to share with that helper on the phone?



## PLANNING TOGETHER

### ABOUT EVACUATIONS:

- ❓ Do you know what it means to evacuate?
- ❓ If we had to leave in a hurry, what are some of the ways our family could leave? By walking? Driving?

### CREATE A CHECKLIST:

- ❓ What types of things would you want with you in case we ever needed to leave home in a hurry?
- ❓ What types of tools do we know are already in our JUDY kit?
- ❓ Are there any types of things we should pack in order to keep warm in really cold weather?
- ❓ Are there any types of things we should pack in order to keep cool in really hot weather?
- ❓ Should we remind our other family members to do the same?
- ❓ Should we pack anything up for our pets too?
- ❓ Where should we keep our extra bag? How about near our JUDY?



### CLOSING THE LOOP:

- ❓ Do you have any questions about emergencies that are still stuck in your mind?

## IF THEY ASK:

### A QUESTION THAT YOU DON'T HAVE THE ANSWER TO...

**"THAT'S A GREAT QUESTION!"**

"I'm not sure I know the answer to it. But, let's look it up together!"

### REMEMBER:

Showing them HOW to find an answer is just as valuable a skill!




**- TEAM JUDY**



# DON'T FORGET!

# PLANS DON'T EXIST → IF NOBODY KNOWS ABOUT THEM.

## SO BE SURE TO:

-  Talk about emergencies with everyone in your household.
-  Talk about emergencies with anyone who takes care of your family members, house or pets.
-  Show everyone where your JUDY kit, additional go-bags and emergency contact lists are.

## WHO WE NEED TO SHOW:

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